

Book of Mormon: Religion 122

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"Our purpose is to help the youth and young adults **understand** and **rely on** the teachings and Atonement of Jesus Christ, **qualify** for the blessings of the temple, and **prepare** themselves, their families and others for eternal life with their Father in Heaven." (The Objective of Seminaries and Institutes of Religion)

| Date | Scripture Readings | Additional Resources | Teaching and Learning Principles and Skills |
|--------------|------------------------|----------------------------------|--|
| Jan. 13, 20 | Intro.; Alma 30-31 | Institute Manual | Teach and learn by the Spirit. David A. Bednar, " Seek Study by Faith " |
| Jan. 25, 27 | Alma 32-33; 34-36 | Institute Manual | |
| Feb. 1, 3 | Alma 37-39; 40-42 | Institute Manual | Search the scriptures daily: David A. Bednar, " A Reservoir of Living Water " |
| Feb. 8, 10 | Alma 43-51; 52-63 | Institute Manual | |
| Feb. 15, 17 | Helaman 1-6; 7-12 | Institute Manual | Understand the context and content of the scriptures |
| Feb. 22, 24 | Hel. 13-16; 3 Ne. 1-7 | Institute Manual | |
| March 1, 3 | 3 Ne. 8-10; 11-12 | Institute Manual | Mark the scriptures to identify principles |
| March 8, 10 | 3 Ne. 13-14; 15, 17 | Institute Manual | |
| March 22, 24 | 3 Ne. 18-19; 16, 20-25 | Institute Manual | Liken scriptures for application that deepens personal conversion |
| March 29, 31 | 3 Ne. 26-30; 4 Ne. | Institute Manual | |
| April 7 | Mormon 1-6 | Institute Manual | Use scriptures to answer questions and ponder how to explain, share, and testify of truths learned |
| April 12, 14 | Mormon 7-9; Ether 1-6 | Institute Manual | |
| April 19, 21 | Ether 7-15; Moro. 1-6 | Institute Manual | |
| April 26, 28 | Moroni 7; 8-9 | Institute Manual | Symbolism: All things testify of Christ Lenet Hadley Read, " All Things Testify of Him: Understanding Symbolism in the Scriptures ," Ensign, Jan 1981, 5-7 Gerald N. Lund, " Understanding Scriptural Symbols ," Ensign, Oct 1986, 23-27 |
| May 4 | Moroni 10 | Institute Manual | |

Learning opportunities that invite deeper personal conversion.

- Read and study** the scriptures at least 15 minutes daily. Study assigned scripture readings before class.
- Search** for principles that 1) apply to your life and 2) deepen your commitment to become more Christ-like.
- Explain, share, and testify** of what you learn—in class, and on your own with friends and family.
- Master** scripture mastery passages and other verses that bring you to Christ.

David A. Bednar: As learners, you and I are to act and be doers of the word and not simply hearers who are only acted upon. . . . A learner exercising agency by **acting** in accordance with correct principles opens his or her heart to the Holy Ghost—and invites His teaching, testifying power, and confirming witness. Learning by faith requires spiritual, mental, and physical exertion and not just passive reception. . . .

The learning I am describing reaches far beyond mere cognitive comprehension and the retaining and recalling of information. The type of learning about which I am speaking causes us to put off the natural man (see Mosiah 3:19), to change our hearts (see Mosiah 5:2), and to be converted unto the Lord and to never fall away (see Alma 23:6). Learning by faith requires both "the heart and a willing mind" (D&C 64:34). Learning by faith is **the result** of the Holy Ghost carrying the power of the word of God both unto and into the heart. Learning by faith cannot be transferred from an instructor to a student through a lecture, a demonstration, or an experiential exercise;

rather, a student must exercise faith and act in order to obtain the knowledge for himself or herself. . . .

Ultimately, the responsibility to learn by faith and apply spiritual truth rests upon each of us individually. This is an increasingly serious and important responsibility in the world in which we do now and will yet live. What, how, and when we learn is supported by— but is not dependent upon—an instructor, a method of presentation, or a specific topic or lesson format. . . .

The spiritual understanding you and I have been blessed to receive, and which has been confirmed as true in our hearts, simply cannot be given to another person. The tuition of diligence and learning by faith must be paid to obtain and personally "own" such knowledge. Only in this way can what is known in the mind be transformed into what is felt in the heart. Only in this way can a person move beyond relying upon the spiritual knowledge and experience of others and claim those blessings for himself or herself. **Only in this way can we be spiritually prepared for what is coming**. (Ensign, Sept. 2007, 64-65, 67)